I claim:

1. A cook top comprising

a transparent, colorless glass ceramic or glass panel providing a cooking surface, said glass ceramic or glass panel being made from pre-stressed special glass; and

an IR-permeable undercoat on an underside of the glass ceramic or glass panel, said IR-permeable undercoating comprising a heat-resistant inorganic enamel paint;

wherein said inorganic enamel paint comprises from 70 to 99 percent by weight of inorganic pigment and from 1 to 30 percent by weight of glass flux.

- 2. The cook top as defined in claim 1, wherein said inorganic enamel paint comprises from 80 to 95 percent by weight of said inorganic pigment and from 5 to 20 percent by weight of said glass flux.
- 3. The cook top as defined in claim 1, wherein said glass flux comprises a glass with a thermal expansion coefficient less than or equal to $4*10^{-6}$ K⁻¹.
- 4. The cook top as defined in claim 3, wherein said glass flux comprises a borosilicate glass.

- 5. The cook top as defined in claim 1, wherein said undercoat is applied to said underside by screen printing and burning in.
- 6. The cook top as defined in claim 1, wherein a ratio of pigment powder to screen printing medium amounts to from 0.4 to 2.0.
- 7. The cook top as defined in claim 1, wherein said inorganic pigment in said undercoat comprises a mixture of different colored pigments.
- 8. The cook top as defined in claim 1, wherein said undercoat on said underside is a color-imparting decoration.
- 9. The cook top as defined in claim 1, wherein said undercoat on said underside is multi-layered.
- 10. The cook top as defined in claim 1, further comprising a covering layer of another paint backing said undercoat on said underside.
- 11. The cook top as defined in claim 1, wherein said undercoat on said underside is provided with openings or different colored regions to mark cooking zones.

- 12. The glass ceramic or glass panel as defined in claim 1, wherein said undercoat on said underside is provided with at least one display window for colored LEDs or LCDs.
- 13. The glass ceramic or glass panel as defined in claim 12, wherein said at least one display window is for at least one residual heat signaling device.
- 14. The glass ceramic or glass panel as defined in claim 1, having a bending strength of at least 110 Mpa and an impact resistance of greater than 0.5 Nm.